



MAJOR HIGHLIGHTS

INTERNATIONAL YOGA DAY-2020

The rhythm of the body, the melody of the mind and the harmony of the soul create the symphony of life. And the best way to connect and create a balance between all three elements, Yoga is the medium. In keeping with this ethos, **Jaipuria Noida** organized an "Online Yoga Event" to commemorate the International Yoga Day on 21st June 2020, urging students to pursue Yoga from their homes, for building immunity and relief from stress, under the guidance of Ms. Shefali Sharma. The event required all the students to join IDY Common Yoga Protocol (CYD) Drill 21/06/2020 at 7 am, which was a 45-minute yoga protocol developed by accomplished Yoga experts, under Ministry of Ayush. Various distinguished faculty members as well as director **Dr. D.N. Pandey** also took part in the same. Students were also asked to share their pictures while doing various Yoga Asanas at the comfort of their homes.

















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INAUGURATION OF EBSB COMMITTEE

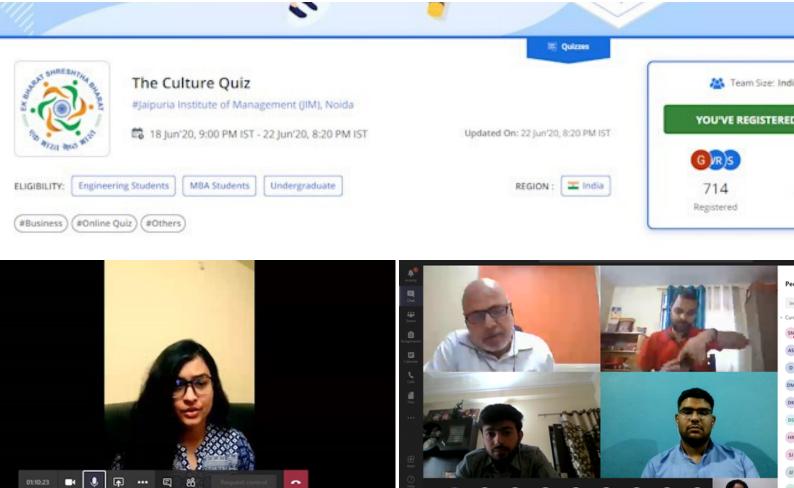
On the noon of **22nd June**, **2020**, **Jaipuria**, **Noida** inaugurated Ek Bharat Shrestha Bharat (EBSB) Committee in the presence of Chief Guest **Mr. Nikhil Nagar** & Faculty members. Belonging to a cultural background, he has showcased the true essence of India's culture in different forms through various forums.

The event began with the quick introduction of the guest by the host, followed by a singing performance in eastern language by Pooja Sharma, a 2nd year student.

EBSB also organized a quiz on Culture, Food, Cuisine and History of India on the occasion in the evening. The platform Dare2Compete saw 714 students participating from different streams across India.

The following winners of the quiz were awarded with cash Prizes of Rs. 800 for 1st position and Rs. 500 for first Runner up respectively. They included:

- Sonu Sharma from Ch. Charan Singh University
- Pranav Pandey from Prin. L. N. Welingkar Institute of Management Development & Research (WeSchool), Mumbai





Prof. Abdul Qadir MRC Chairperson







This weekly newsletter is an initiative by MRC Noida to present all the events during the preceding week.

We welcome your thoughts and suggestions.

